


## WRHC Pool Schedule-October November December

TIME:	MON	TUES	WED	THURS	FRI	SAT	SUN
5:00A-6:00A	5 - 6 AM ADULT TIME	5 - 6 AM ADULT TIME	5 - 6 AM ADULT TIME	5 - 6 AM ADULT TIME	5 - 6 AM ADULT TIME		
6:00A-7:00A	6 - 7 AM ADULT TIME	6 - 7 AM ADULT TIME	6 - 7 AM ADULT TIME	6 - 7 AM ADULT TIME	6 - 7 AM ADULT TIME		
7:00A-8:00A	7 - 8 AM ADULT TIME	7 - 8 AM ADULT TIME	7 - 8 AM ADULT TIME	7 - 8 AM ADULT TIME	7 - 8 AM ADULT TIME	7 - 9 AM ADULT TIME	7 - 10 AM ADULT TIME
8:00A-9:00 A	8 - 9 AM ADULT TIME	8 - 9 AM ADULT TIME	8 - 9 AM ADULT TIME	8 - 9 AM ADULT TIME	8 - 9 AM ADULT TIME		
9:00A-10:00A	9 - 10 AM H2O AEROBICS	9 - 10 AM ADULT TIME	9 - 10 AM H2O AEROBICS	9 - 10 AM ADULT TIME	9 - 10 AM H2O AEROBICS	9 - 10AM AquaZumba	
10:00A-11:00A	10 - 12 PM FAMILY TIME	10 - 12 PM FAMILY TIME	10 - 12 PM FAMILY TIME	10 - 12 PM FAMILY TIME	10 - 12 PM FAMILY TIME	10 - 12 PM FAMILY SWIM	10 - 12 PM SWIM LESSONS
11:00A-12:00P							
12:00P-1:00P	12 - 3 PM ADULT TIME	12 - 3 PM ADULT TIME	12 - 3 PM ADULT TIME	12 - 3 PM ADULT TIME	12 - 3 PM ADULT TIME	12 - 3 PM ADULT TIME	12 - 3 PM ADULT TIME
1:00P-2:00P							
2:00P-3:00P							
3:00P-4:00P	3 - 5:30 PM FAMILY TIME	3 - 5:30 PM FAMILY TIME	3 - 5:30 PM FAMILY TIME	3 - 5:30 PM FAMILY TIME		3 - 6 PM FAMILY TIME	3 - 6 PM FAMILY TIME
4:00P-5:30P							
5:30P-6:30P	5:30 - 6:30 PM ADULT TIME	5:30 - 7:30 PM ADULT TIME	5:30 - 6:30 PM ADULT TIME	5:30 - 7:30 PM ADULT TIME	3 - 8 PM FAMILY TIME	*ADULT TIME IS FOR MEMBERS 16YRS. AND OLDER (PLEASE SHARE YOUR LANE DURING PEAK HOURS). *THERE IS NO SWIMMING DURING WATER AEROBICS. Remember the pool and health club close at the same time please adjust your workout accordingly. Hotel Guests have use of the pool at all times.	
6:00P-7:30P	6:30 - 7:30 PM AquaZumba		6:30 - 7:30 PM H2O AEROBICS				
7:30P-8:30P	7:30 - 8:30 PM FAMILY TIME	7:30 - 8:30 PM FAMILY TIME	7:30 - 8:30 PM FAMILY TIME				
8:30-9:30P	8:30 - 9:30 PM ADULT TIME	8:30 - 9:30 PM ADULT TIME	8:30 - 9:30 PM ADULT TIME				